

Order online by 9am
for delivery every day

eZlunch MENU

Whangaparaoa Primary School / Term 1 2019



Constellation Drive Home Zone
Mairangi Bay
09-414 2428

WARM MAINS - SPECIALS OF THE DAY

Mon	MONDAY - Dumplings 4pcs	\$5.90
Tue	TUESDAY - Pizza cheese & ham	\$4.50
Tue	TUESDAY - Pizza cheese & pineapple	\$4.50
Wed	WEDNESDAY - Teriyaki chicken on rice (large)	\$7.30
Thur	THURSDAY - Baked BBQ Pork Bun	\$6.50

WARM MAINS

Wed	H1 - Chicken Corn Soup w. cheesy toast	\$7.20
	Mince pie (Kiwi Classic)	\$5.50
	Mince & cheese pie (Billy T)	\$5.50
T.Th.F	Butter chicken on rice	\$6.60
W.Th.F	Spaghetti bolognaise	\$6.60
Tue	Vege fried rice (small)	\$5.00
M.W.Th.F	Toasted sandwich cheese & HAM	\$5.00
	Toasted sandwich CHEESE	\$3.80
	Panini chicken & spinach	\$5.80
	Hot dog	\$5.50
	GF Toasted cheese sandwich	\$5.00
	Beef nachos (large)	\$6.80
	Pancake w. Orange, Pineapple and Honey	\$5.00
	Mashed potato	\$2.80
	Mini Sausage roll	\$2.30
	Mince Savoury	\$2.30
Mon	Japanese Beef Curry on Rice (Large)	\$7.60
Thur	Pineapple Fried Rice (small)	\$5.30
Mon	Potato Skins Filled w Cheese & Baked Beans	\$6.80
Mon	Brazilian Cheese Bread (4pcs)	\$5.50

COLD MAINS

Th.F	Butter chicken wrap	\$5.50
M.T.W.Th	Vogel sandwich - Chicken	\$4.70
M.T.W.Th	Vogel sandwich - Vegetable	\$4.70
M.T	Egg mayo sandwich	\$3.90
W.Th	Ham, Egg & Mayo Sandwich	\$4.50
	Chicken Sandwich	\$4.50
M.T.W	Chicken Wrap	\$5.50

SNACKS & DESSERTS

W.Th.F	Popcorn	\$1.30
	Brownie - Chocolate	\$3.30
	Chocolate muffin	\$2.30
	Cookie (chocolate chip)	\$2.00
	Yoghurt	\$2.80
	Fresh fruit salad	\$4.80
	Tomato Sauce	\$0.50
T.W.Th	Carrot sticks	\$1.80
T.W.Th	Grapes - fresh & washed	\$2.40
T.W.Th	Pineapple - Sliced	\$2.40
M.T.W.Th	Sweet Seaweed	\$2.20
M.T.W.Th	Gluten Free Cookie (5pck)	\$5.00
M.W.F	Organic Seaweed - 2g Snack Pack	\$1.60
T.Th	Roasted Fa-va beans - 15g Snack pack	\$1.60

DRINKS

	Water - Onepure 320ml	\$2.80
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Need help? Visit support.mykindo.co.nz or call toll free 0800 EZLUNCH (09-869 5200) 8am-4pm Mon-Fri (except public holidays)

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Shop 20
61 Silverdale St
Silverdale
09-215 6971

KIDS PLAIN PETITA PITA

Kids Petita Free Farmed Ham	\$6.00
Kids Petita Free Range Chicken	\$6.00
Kids Petita Roast Beef	\$6.00
Kids Petita Chick n Fala	\$7.00
Kids Petita Garden Veggie	\$6.00
Kids Petita Falafel	\$6.00
Kids Petita Marmite	\$6.00
Kids Petita Vegemite	\$6.00

KIDS GLUTEN FREE PETITA PITA

Kids GLUTEN FREE Petita Free Farmed Ham	\$7.50
Kids GLUTEN FREE Petita Free Range Chicken	\$7.50
Kids GLUTEN FREE Petita Roast Beef	\$7.50
Kids GLUTEN FREE Petita Chick n Fala	\$8.00
Kids GLUTEN FREE Petita Garden Veggie	\$7.50
Kids GLUTEN FREE Petita Falafel	\$7.50

PETITA SALAD BOX

Free Range Chicken Petita Salad Box	\$9.50
Free Farmed Ham Petita Salad Box	\$9.50
Chick n Fala Petita Salad Box	\$10.50
Roast Beef Petita Salad Box	\$10.50
Roast Lamb Petita Salad Box	\$10.50
Grilled Steak Petita Salad Box	\$10.50
Garden Veggies Petita Salad Box	\$8.50
Falafel Petita Salad Box	\$9.50

SIDES

Cookie Baked Chunky Chip 60g	\$2.00
Cookie Baked Raspberry White Chocolate 60g	\$2.00
Brownie Chocolate Fudge	\$2.50
Apple Slices	\$2.00
Pita Chips with Aioli Dipping Sauce (large)	\$3.90

DRINKS

Charlies 600ml Water Sipper	\$4.00
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592A Whangaparaoa Rd
Stanmore Bay
09-424 2424

SUSHI

ECO ROLL. Teriyaki Chicken. Ready to eat i...	\$6.00
Mini ECO ROLL. Teriyaki Chicken. Ready to ...	\$3.60
ECO ROLL. Tuna Vege. Ready to eat in a pa...	\$6.00
Mini ECO ROLL. Tuna Vege. Ready to eat i...	\$3.60
ECO ROLL. Salmon. Ready to eat in a paper bag	\$6.60
Mini ECO ROLL. Salmon. Ready to eat in a pa...	\$4.50
ECO ROLL. Salmon Avo. Ready to eat in a pa...	\$6.60
Mini ECO ROLL. Salmon Avo. Ready to eat i...	\$4.50
ECO ROLL. Avocado. Ready to eat in a paper bag	\$6.60
Mini ECO ROLL. Avocado. Ready to eat i...	\$4.50
Prawn & Fresh Salmon on Rice (medium) wi...	\$9.45
Teriyaki Chicken on Rice (medium) with SALAD	\$9.45
5 pieces Teriyaki Chicken Sushi	\$6.50
3 pieces Teriyaki Chicken	\$4.00
GLUTEN FREE 5 pieces Teriyaki Chicken Sushi	\$7.00
5 pieces Tuna & Vege Sushi	\$6.50
3 pieces Tuna & Vege	\$4.00
5 pieces Fresh Salmon Sushi	\$7.00
3 pieces Fresh Salmon	\$4.70
5 pieces Mixed Sushi	\$6.50
3 pieces Mixed Sushi	\$4.10
5 pieces Salmon & Avocado	\$7.70
Teriyaki Chicken Panda Set	\$6.50
GLUTEN FREE Teriyaki Chicken Panda Set	\$7.00
Tuna & Vege Panda Set	\$6.50
Salmon Panda Set	\$6.90
Avocado Panda Set	\$7.20
3 pieces Avocado	\$4.70
Fri Extra sushi piece (1.40)	\$1.40
Extra sushi piece (1.10)	\$1.10
Teriyaki Chicken on rice (small)	\$6.55
Teriyaki Chicken on rice (medium)	\$9.45
Teriyaki Chicken Rice Burger with Cri...	\$6.90
Salmon Avocado Rice Burger	\$7.50

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