

Whangaparaoa School is a TravelWise School.



Being TravelWise means we make wise travel choices to keep ourselves safe and healthy, and we think about our environment too. Less cars means less pollution and less congestion at our school gates - keeping us all safe and healthy. Travelwise ways to get to school include walking, biking, scootering, catching the bus, car-pooling, or parking and walking.

- Exercise before school makes children more alert and ready to learn.
- Walking to school helps children learn essential road safety skills.
- Children who use active ways of getting to school get regular exercise, are exposed to 3 times less pollution than children driven in a car, and get to know their neighbourhood better.
- Using other ways of travelling instead of the car reduces pollution in the air we breathe and the water we swim in.

There are many ways children can travel safely to and from our school:

Walking

Walking is the best all round exercise children can get. It's also safe and good for the environment. Manly is a great safe place to walk to school, with plenty of footpaths and walkways connecting to the school. Please remember safety rules when walking - walk on the foot path, close to the houses and away from the road; look and listen carefully at driveways for cars coming in or out; always stop and check both ways before you cross the road; use pedestrian crossings where possible. As a guide we recommend that adults walk with children until they are about eight years old and until they have learnt the route and how to cross the road safely.

Walking School Bus

A Walking School Bus (WSB) is a group of children that walks to school under the supervision of adult volunteers. The WSB keeps to a timetable and children can join or leave at designated stops along the way. The WSB is a safe way for young children to learn road safety skills and gives plenty of opportunity to make new friends. See our school website for current walking school bus routes.



Please click these links to join a walking school bus:

Manly Village Walking School Bus - <https://goo.gl/forms/wjDSJdnF3Of6EG8O2>

Plaza Walking School Bus - <https://goo.gl/forms/zXzmGF4yYLORcBBG2>

Glengarry Walking School Bus - <https://goo.gl/forms/0IUcRTGj8bsXokAT2>

If you would like to start up another walking school bus with families from your community, please get in touch with Mrs Thompson.... all it takes is an interested parent or two, and you can help

your children learn road safety and give them the chance to walk to school with friends. Great for the kids, great for the community, great for the environment.

Cycling, scootering, skating

Biking and scootering is a fun way for primary aged children to get to school, as they can use the footpath. Again, safety rules should be followed - a helmet should be worn at all times when biking, scooting or skating; equipment should be in good working order and brakes checked regularly; share the footpath with others; look and listen carefully at driveways. We recommend young children have adult supervision while biking and scootering until they have good road sense (8-10yrs old). Children must dismount and push their bike when using the pedestrian crossing.



We have a fantastic cycle track (530m long asphalt track, plus a pump track). We have a school set of bikes that teachers book out for class PE lessons and these are available for children to use some lunchtimes too. We encourage children to bring their own bikes / scooters where possible. We have several bike racks for storage. Please remember to take bikes home each day when they are brought to school as we cannot guarantee their safety if they are left after hours. Bicycles are not to be ridden around the school buildings during school hours for the safety of others.

How to correctly fit a bike helmet:

2



Two fingers
above your eyebrows to
the bottom of your helmet

4



Four fingers
to make a V-shape around
the bottom of your ears

1



One finger
under the strap
beneath your chin

Safe and sustainable driving

To avoid congestion at the school gate, park a short distance from school and walk the rest of the way. Edith Hopper Park has plenty of parking and is just across the road from school. Or you could park at Manly beach or Manly Park and walk through the walkways in Motuora Rd and The Circle into school.

Children are like sponges, always model good road safety behaviour for them to copy.

- Never let your child get out of the car on the road side.
- Always use the pedestrian crossing if there is one.
- Do not wave or call your children across the road.

- Always drive slowly near school and watch for pedestrians and cyclists at all times.
- Please don't park in neighbours' driveways, bus stops, or the drop off zone.

Public Transport – the bus stops on Ladies Mile outside the school.